

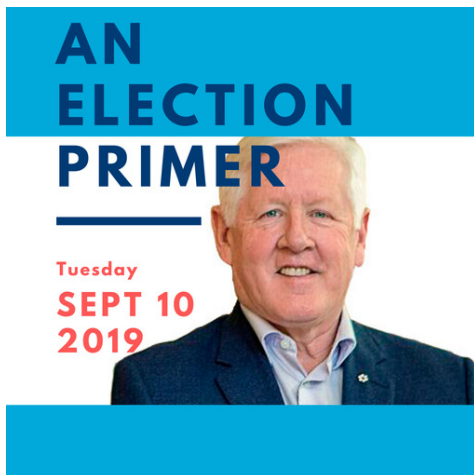


University Women's Club Toronto

envisioning, engaging, empowering

WWW.UWCTORONTO.CA

UPCOMING EVENTS



BOB RAE'S ELECTION PRIMER

Tuesday, September 10, 6:30 for 7:00 pm

Bob Rae has kindly agreed to discuss his perspective on the upcoming election - issues, candidates and ridings to watch - followed by a Q&A. It will be at Innis Town Hall (U of T campus) which is a lovely venue and seats about 250. This is a fundraiser for our scholarship fund - admission by cash donation at the door (any amount most appreciated.) Please come and invite your friends. We want to ensure the event is well attended. You must register online as seating is limited.

To register click:

<https://alumni.innis.utoronto.ca/event/uwc-election-primer>
(There is a direct link on our website to this.)

DINNER SPEAKER J.D.M. STEWART

SPEAKING ON: BEING PRIME MINISTER

Monday, September 16 at 5:30 pm

J.D.M. Stewart is a Canadian history teacher at Bishop Strachan School. His writing has appeared in newspapers across Canada for more than twenty-five years. His book, *Being Prime Minister*, was published June 2018. From John A. MacDonald to Justin Trudeau, we will get a glimpse of the prime ministers as they travelled, dealt with invasions of privacy, met with celebrities, and managed the stress of the nation's top job. With a federal election a month after this talk, his behind-the-scenes look at the lives of prime ministers will be both timely and highly engaging.

- Ruth Matheson





Welcome back! A whole new season of wonderful speakers, events and all of our many activities. We have worked so hard to have our new Foundation up and running, after hours of meetings with the lawyer and many documents exchanged with CRA. We look forward to being able to channel our charitable giving and scholarships through the UWC Toronto Foundation with the goal of helping women on the margins.

The presidents of the Toronto area have agreed to work together to help Sistering and to lobby together for affordable housing. Affordable housing is an issue which impacts Sistering, Romero House and our students. Please think about volunteering to be part of this group.

Our work on Scholarships was rather hectic last spring. We had our documents ready after many meetings but had to wait until our Foundation was granted its charitable status. Then we rushed around to all of the schools to introduce our new awards. We were so thrilled with the applicants and with the recipients and the enthusiasm generated by our awards. The family of Mary MacDonald was involved in developing the criteria for that scholarship and in presenting it at the reception. These endeavours are ongoing and will require streamlining and perfecting. It has been a real pleasure to work with such a fabulous, diligent and truly empathetic group. Do consider joining our advocacy work.

Thrown into the mix last year we also planned the program for a hugely successful conference in May. All of this, plus the development of the new Constitution were incredibly time and energy consuming, but we have emerged stronger and better.

Our Gala in support of Romero House should be a beautiful evening. We count on your support. We are a not-for-profit, the club, and a charity, the Foundation. We depend on the good-will and hard work of our members. We ask for your enthusiasm, cooperation and participation. Do read about all we do and join in. Volunteer.

There is such satisfaction in working together. We look forward to many informative speakers, challenging bridge, getting to know each other through our 'Spotlights', discussing in our book groups, dining internationally, getting 'Out and About' to interesting venues, discussing world issues in French, and above all, working together to give back to the community.

All the best,

- Susan



PLEASE READ THIS NEWSLETTER CAREFULLY. EVERYTHING YOU NEED IS HERE ON THESE PAGES. WE DON'T HAVE REGULAR MEETINGS. IT THEREFORE BECOMES ESSENTIAL THAT YOU TAKE THE TIME TO READ ABOUT ALL OF OUR ACTIVITIES AND CONCERNS.

You can always reread our newsletters - present and past - on our website www.uwctoronto.ca

CLUB NEWS

Condolences

We extend our sincere sympathy to Cynthia Smith on the loss of her beloved son, Andrew.

U OF T FACULTY OF MUSIC

Free Thursday noon concerts at Walter Hall

Sept. 12: Gryphon Trio

Sept. 19: Percussion

Sept. 26: Erica Raum (violin)
Lydia Wong (piano)

U of T Symphony Orchestra

Sept. 28 at 7:30, \$40/\$25

**Beethoven Symphony #7,
What makes it great?**

For tickets, call the box office at 416 408-0208.



WINTER CLOTHING

When you are changing your clothes over from summer to dreaded winter, please make up a bag for Romero House of still good winter clothes that you may not wear any more. We will start our collection in November.

NEW MEMBERS

We are thrilled to welcome many new members to our Club: Deborah Bond, Lucy Magnus Burke, Earla Burke, Joan Diosy, Seema Dosaj, Alida Finnie, Jacqueline Gibbons, Nancy Grant, Kelly Jack, Rosalin Krieger, Yuliya Knyahnytska, Martha Mason, Moira Varmazis. We hope to see them at bridge, at French, at book clubs, at dinner speakers, at luncheons, at Spotlights, at the Gala, and at all that we do. Welcome!!

COSTS

Each time we have a speaker at a dinner or luncheon, we incur quite a few costs. The amount that a member pays for the dinner or lunch only covers the cost of the meal and that all goes to the Faculty Club. We also pay room rental, set-up fees, taxes and gratuities on those and the cost of the meal for the speaker (and a guest of the speaker, if there is one) and the honorarium for the speaker's time and work. It is usually \$350 to \$400 extra per event.

Because of these expenditures, we request that all such events have board approval before they are booked at the Faculty Club. We can also check the club calendar to be sure that the event is not too close to another event offered to members.

Generally the Board meets the first Monday of the month. You can submit your proposal to any board member or you are welcome to attend the meeting.

SISTERING

SOAPS AND SHAMPOOS

Don't forget that Sistering is always in need of hotel or travel size soaps, shampoos and towels. You can bring them to our 'office' on the third floor and we will get them to Sistering.

CLUB NEWS

OUR WEBSITE & SOCIAL MEDIA – A WEALTH OF INFORMATION & LOTS OF GREAT PICS

Log into our website often – we keep it totally up to date, and love posting as many photos of you all as possible. We also have a Member Resources page full of key info – Directory, Calendar of Events, Constitution, RSVP Lists. It's password protected. If you've forgotten the password send Haley a quick email and she'll send it to you.

Website: www.uwctoronto.ca

FOLLOW US ON SOCIAL MEDIA!



COMING SOON TO THE U OF T ALUMNI WEBSITE

The challenge of making the University Women's Club Toronto better known to prospective members is complex and one that our board members have often debated. Judging from the information provided by new members, it would appear that "word of mouth" is one of our best advertising tools.

Many prospective members have made the decision to join our ranks on the recommendation of friends who already belong to the UWC. As well, our ever evolving website, kept up to date with our most recent news, photos, upcoming events, speakers and charitable activities is an informative and comprehensive introduction to our club. Recently, Susan, Penny Vincent and I met with a web designer from the University of Toronto's Alumni Website which features all learning opportunities, benefits, programs and networks of interest to the U of T alumni community. Happily, the Alumni Website will soon include a link to UWC Toronto which we hope will attract the notice of many more prospective members.

- Jane



CFUW NEWS FROM THE CENTENNIAL CONFERENCE HELD IN WINNIPEG

Moira Hudgin, our Regional Director, reports that the CFUW has approved a national dues increase of \$6.00. National fees will increase from \$70 to \$76.

An increase in the fees to GWI was not approved.

Our board will be discussing the impact that this will have on us.

CFUW ONTARIO COUNCIL SPEAKER SERIES

The first of the series this year is on October 5 at Yorkminster Church (Yonge and St. Clair) from 10:00 to 3:30. The speaker is Elizabeth Moore on *Combating the Rise of Intolerance and Hate Speech*. There are work-shop sessions in the afternoon. Registration is due by September 25.

The cost is \$35 and includes lunch.

Please let Susan know if you would like to attend.

SEPTEMBER EVENTS



ARTFUL DINING

Dine and delight in the splendours of the world's greatest art and architecture:

Learn from renowned art and cultural historians.

Increase your appreciation of art, music and travel.

Share experiences with other art lovers.

Enjoy great food in a great venue.

RUBENS & RED WINE

Tuesdays, September 10 - October 8,
6:30 – 9:30pm

5 dinners with Illustrated talks \$550.00
(\$125.00 Single evening)

Professor Ethan Matt Kavalier

A CULTURAL RAGU: A JOURNEY THROUGH CENTRAL ITALY: Tuscany & Umbria

Wednesdays, October 23 to November 27, 2019
6:30 to 9:30 PM

6 Dinners with Illustrated talks \$675.00
(\$125.00 Single Evening)

Professor Kenneth Bartlett

Contact Arlene Kushnir 416 972 6239 to pay by
Visa or MasterCard.

You may pay by e-transfer to:
arlene.kushnir@sympatico.ca

INTERNATIONAL DINING

- SEPTEMBER 11 AT 5:30 PM -

BEITEDDINE LEBANESE RESTAURANT

We've found a great new Lebanese Restaurant. Beiteddine Lebanese Restaurant opened May 2019. I took 3 of my family members last month and we all agreed the food was fabulous - actually too much, we had to take some home and it was still delicious the next day!

The Chef will prepare a meal that will include Mezze hot and cold, a variety of meats, vegetables, tea, coffee soft drinks, dessert. This way we will have a taste of the various dishes, all for the price of \$30.00 plus taxes and gratuity! They do not have a liquor license. They will give us separate bills. If you have any dietary restrictions please let me know ahead of time so I can alert the Chef.

Address: 513 Danforth Ave, midway between Chester and Pape subway stations. No parking on Danforth until 6 PM

Website: <https://www.beiteddine.ca>

If you plan to come, please let me know so I can tell the Chef our final numbers.

To reserve, contact me at

Maryl.aziz@gmail.com or 416 969 1222.



SEPTEMBER EVENTS



GRANDMOTHERS TO GRANDMOTHERS LUNCHEON

Thursday, September 19, 2019
11:30 am for 12:00 noon.

Grandmothers to Grandmothers was founded by Stephen Lewis to assist grandmothers in Africa caring for their grandchildren who became orphaned when their parents died of AIDS. On a daily basis many supply food and shelter for over a dozen of their grandchildren.

To quote from their blurb: “Grandmothers to Grandmothers is a global sisterhood that supports the dignified, determined and strong African grandmothers who are raising a generation of grandchildren whose parents have died of AIDS.”

Sarah Obama, now 97 years of age, step-grandmother of Barack Obama, is a member of this organization in Kenya. Because men, as well as those of us who do not have grandchildren are involved, it has been nicknamed Grandmothers to Grand**others**.

All inclusive price (lunch, presentation, gratuity and tax) \$30 members, \$35 guests.
Contact Haley to reserve: 416-979-2000 or info@uwctoronto.ca

- *Harolyn Panetta*

OUR IMPRESSIVE MEMBERS

CFUW NOTABLE WOMEN

As part of celebrating its 100 years, Canadian Federation of University Women (CFUW) identified 100 women across Canada to be named as Notable Women. At its recent AGM, two of our illustrious members - Harolyn Panetta and Betty Tugman – were recognized as Notable Canadian Women. We're so proud of both these ladies. It's women like Harolyn and Betty who make a difference in our community.

A GRATEFUL THANKS TO UWC

Just ten minutes ago I got in from the CFUW 2019 AGM in Winnipeg. The awards were presented to the "100 Notable Canadian Women" of which, thanks to being nominated by the UWC of Toronto, I had the honour of being one. It was certainly a highlight of my 90 years.

There were women from across Canada - Newfoundland to British Columbia. I will cherish the memory of that ceremony forever and am most grateful to our club for nominating me.

- *Harolyn Panetta*

OUR IMPRESSIVE MEMBERS

HAROLYN PANETTA

(EXCERPTED FROM THE CFUW PROGRAM)

Harolyn Panetta is a marvelous lady. She is ninety and is still very active. She is a retired teacher, who taught here in Canada and in Africa. She not only taught in Nigeria from 1970 to 1972, but returned during her summer breaks to volunteer teach in Uganda, Ghana and Liberia. Harolyn's achievements and precious memories could fill an encyclopedia.



Eight years prior to her 1987 retirement, she was the first woman in East York to become a night school principal at Leaside High School and later at East York Collegiate. She was President of the UWC of Toronto from 1993 to 1995 and was always a very active member who participated in Club events and Interest groups as well as serving on the Executive.

Retirement did not slow down Harolyn. Through the Retired Teachers of Ontario, she became a volunteer tour leader and from 1992 to 2007 and led over thirty trips throughout Asia, Australia, Europe, North and South America, including one trip around the world.

Harolyn's work for the betterment of her community was such that she was honored by the Government of Ontario. She was ceremoniously presented with a certificate and a gold pin with a small diamond in recognition of the value of her 30 years of volunteer work .



ELIZABETH WHITAKER TUGMAN

(EXCERPTED FROM THE CFUW PROGRAM)

Betty Tugman has been a pioneer and visionary leader in CFUW at the local, provincial and national levels. She graduated from the University of Toronto in 1944 with an English major and a minor in speech and communication. Married with children and settled in Port Credit, a friend introduced her to CFUW Port Credit.

Active at the Club level, she became Club President in 1980. About this time Ontario Council was formed but lacked organization. Under her leadership Ontario Council became a highly effective, cohesive organization. She served at the national level for three years and especially enjoyed the resolutions process.

In 2004 the University of Toronto presented Betty with its Arbor Award for volunteerism. In Mississauga she was President of the Erindale Associates when Erindale College (now UTM) first opened.

Although retired from CFUW executive circles, she attends regular meetings at both Mississauga and Toronto and continues to find pleasure in her watercolour paintings. Betty has been awarded a Life Membership in CFUW

UWC TORONTO FOUNDATION

LETTER OF THANKS

Susan,
Thank you, and all the women who planned and carried out such a beautiful tribute to all the award winners on Monday afternoon. It was a sparkling time, with high energy and great happiness for everyone it seemed. It was lovely to meet Alyssa, and to hear descriptions from you and a few of the people on the selection committee. It is such a good reminder of why we, and you, do the work we do, just how badly it is needed, and the impact it has. We wish Alyssa and all the other award winners, and the women of UWC all good wishes for continued success in the adventures that lie ahead. You have shown wonderful leadership, Susan, in establishing the Foundation and consolidating this part of your work. Thank you!

Blessings to you all,
Joan and Don Hunter



THANK YOU LETTERS FROM
SCHOLARSHIP RECIPIENTS

Hi Chris
Thank you very much! The Mary McDonald scholarship will help support me this year by covering most of the funds I will be paying for my studies at Trent University while working towards a major in Social Work. This scholarship provides me with a major relief, it has given me even more hope in fulfilling my dreams for the future.
- Alyssa Clark

Hello Christine,
I'd like to thank you and the entire committee for choosing me as one of the recipients for this award. It will help me very much in the near future for my post-secondary education. Recently, I've chosen my courses for the fall term, and I've never been more excited about school! With that being said, I also apologize in advance if I have many questions about school since I am the first person in my family to leave Toronto. I hope to keep in touch with you and will update you on my journey at Waterloo!
Thank you once again,
- Lisa Yu



UWC TORONTO FOUNDATION

THANK YOU LETTERS FROM SCHOLARSHIP RECIPIENTS continued

Hi Chris,

The University Women's Club of Toronto Scholarship will help pay for my tuition and associated costs for my upcoming academic year in the Life Sciences program at the University of Toronto. This will allow me to focus less on working and more on my education, joining clubs and sports teams and becoming a part of both the academic and extracurricular community. This summer, I have been able to work less and focus more on recovering from my concussion, something I would not have been able to do if it were not for this scholarship. Once again, I would like to thank you for choosing me as one of the recipients! Warm regards,

- *Smia Baig*



Hi Christine,

It was a great pleasure to be at the Congratulatory reception at The Faculty Club and to meet each one of you personally. Thank you for your confidence in me. It is indeed an honour for me to be nominated and be the awardee on behalf of Central Toronto Academy (CTA). CTA has given me wonderful tools and immense support for my next academic steps and along with UWC's scholarship. I look forward to continue towards my undergraduate achievements at York University (Glendon Campus).

Thanks again, Have a great summer,

- *Rajitha G and family*



OUR INNIS COLLEGE STUDENT – ALICE CHENG

Alice Cheng is the very deserving award winner of the UWC Innis College Award. Alice is a brilliant student, an environmentalist and an award winning activist on climate. We are thrilled to support her.

- *Susan*

Alice was profiled in the magazine Canadian Immigrant, starting with the paragraph

“She’s an environmentalist, a woman’s rights activist and a passionate volunteer. As an up-and-coming influencer, Alice Cheng is active on social media, but her posts aren’t necessarily what you’d expect from today’s Generation Z. While she may write with a youth audience in mind, she calls it “amplifying local and global issues through a sustainable lens.”

For the complete article click here

<https://canadianimmigrant.ca/living/women/inspiring-influencers-featured-in-this-years-immigrant-women-of-inspiration>



UWC TORONTO FOUNDATION

OUR IQALUIT STUDENT - CASSIDY ANNE NETSER

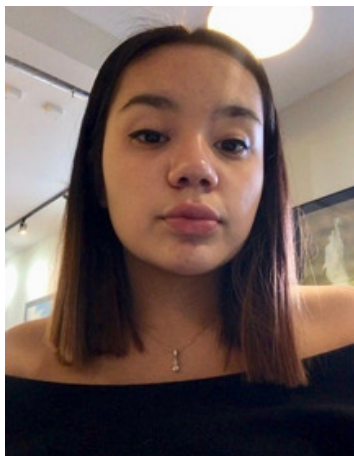


Hello and Congratulations Cassidy-Ann,

The University Women's Club Toronto is delighted to hear that you have been selected by your teachers for our award. The award is \$1,500 per term for your first year of university, for as long as you are registered. We look forward to learning more about you and your plans for studies at Dalhousie.

Best wishes,

Jane Hamer
Vice President
University Women's Club Toronto



Hi Jane,

Thank you for your email. Ever since I finished school I've been trying to do as much as I can with my freedom before I head back to school.

I have been dreaming of attending Dalhousie for the past four years and I am extremely proud of getting accepted into this university; it has been my dream school for so long. While there, I plan on taking International Development and Italian. As well, I will be taking Political Science, Classics, where I learn about Greek mythology and monsters and history.

I have volunteered at the local soup kitchen and thrift store in Iqaluit. I have also volunteered at two Arctic Winter Games and organized a student walkout for the environment with a couple of my friends. As well, I have gone on multiple leadership trips to the south where I learned how to properly use my voice, help others use theirs, and teamwork.

As for my academic strengths, I learned to work hard and keep my grades up. I learned how to manage my time wisely, how to discipline myself when it comes to setting a schedule and sticking to it, and most importantly, how to focus on school and prioritize it.

I come from a huge family, but my support comes from my mother. She, as well as my uncle, have been my role models my entire life. They showed me that in order to succeed, one must work for it, and that it does not come easy.

In the long term, I see myself either working in law, politics or business. I have only ever imagined myself working in one of those three careers. I have family members from both sides of the family in politics, and so naturally, I have a passion in that field. Law and business are interesting careers, and I can't wait to explore my options.

Thank you!

Cassidy Ann

PAST EVENTS

PATIO TIME

Four times this summer, many of us met on the patio to enjoy a drink, a meal or just to chat. It was a wonderful way to get to know each other better. A group of our younger members also met, and through lively discussions discovered how much they have in common.



With Susan & Jane are Stacy Costa, Lauren Jewett, Alida Finnie, Talisha Ramsaroop and Cecelia Mende



SPEAKER LUNCHEON ANN BIRCH

On Thursday, July 4th, UWC members and friends turned out for a Luncheon with author Ann Birch as our speaker. Ann is an award-winning teacher and a former associate professor in the Faculty of Education at York University and the University of Toronto. She is the author of two historical novels *Settlement and Duelling in a New World*, as well as a contemporary novel *The Secret Life of Roberta Greaves* which draws on her long connection with Toronto universities. Ann talked about the research for her books and gave examples of how she fleshed out her characters using information that she learned. A lively discussion followed her presentation.

- Ruth

SAVE THE DATE

AN EVENING IN VIENNA

October 24th, we will be presenting An Evening in Vienna, with a sumptuous dinner and silent auction to support the work of Romero House in their endeavour to help educate refugee girls and women. The evening will begin with a welcome drink (alcoholic or non) at 6:00 p.m. where you will be able to peruse the beautiful silent auction gifts on which to bid.

The price of the tickets is \$95.00. Unfortunately, following the prudent advice of our auditor, we are unable to give a tax receipt as we had hoped. Prior to the event, in order to inform and entice you, we'll be sending out a list of all our wonderful silent auction items, the proceeds from which will go directly to Romero House.

We would love to have you join us for a festive evening.

There are only a few tickets remaining so, please call or email Haley as soon as possible at: 416-979-2000, info@uwctoronto.ca

- Rosemary Hales

UWC TORONTO PRESENTS

An Evening in Vienna

Under the gracious patronage of the
Consul and Trade Commissioner of Austria
Christian Lassnig

FUNDRAISING GALA | THURSDAY, OCT 24, 2019



Enjoy a sumptuous Viennese Dinner and Austrian wines with accompaniment of a String Ensemble.

6:00 p.m. to Late

FACULTY CLUB
41 Willecks Street

Fabulous Raffle Prizes
Proceeds to Romero House

For tickets call Haley 416-979-2000
or email at info@uwctoronto.ca

SAVE THE DATE



SPOTLIGHT – EATING FOR WELL BEING

Tuesday, October 29 at 5:00 pm for 5:30 pm

"What's healthier than kale? A healthy relationship with food"

Come join us to discover how to shift from dieting to intuitive eating.

There's a growing body of research confirming that intuitive, mindful eating supports well-being - including physical and mental health. By contrast, weight loss strategies even when intended to promote health almost always result in weight regain and can have negative impact on mental health.

We'll be exploring how to incorporate body cues into your eating decisions, and thoroughly enjoy the pleasures of food without rules or dieting.

- *Alida Finnie*, New UWC member, Registered Dietitian

Everyone is invited to stay afterwards for dinner in the pub, no reservations necessary for the pub, but please let Haley know if you plan to attend Spotlight. Phone 416-979-2000 or email info@uwctoronto.ca

UWC EVENTS SEPTEMBER 2019

MORNING BOOK CLUB

Thursday, September 5

Book: Solar Dance by Modris Ekstein

Convenor: Jean Thomson Phone: 416-421-2732

GRANDMOTHERS TO GRANDMOTHERS LUNCHEON

Thursday, September 19, 11:30 am for 12:00 noon.

Phone 416-979-2000 or

Email: info@uwctoronto.ca

BOB RAE ELECTION PRIMER

Tuesday September 10, 6:30 door opens, event at 7:00 pm

Innis Town Hall, 2 Sussex Street.

Admission by donation, proceeds going to UWC (Toronto) Foundation for scholarships for girls

Click to

register: <https://alumni.innis.utoronto.ca/event/uwc-election-primer>

EVENING BOOK CLUB

Thursday, September 25 at 5:30 pm in the Pub

Book Theme : Mystery

Convenor: Judith Lewis

Phone 416-653-4931

Email: judithlynnlewis@gmail.com

WEEKLY INTEREST GROUPS

LE PETIT CERCLE FRANÇAIS

Douce France, 820 avenue Danforth, le mercredi à 10:00h

Convenor: Susan Freeman Phone 416-488-5041

Email: susgula@sympatico.ca

SOCIAL BRIDGE

Every Tuesday at 10:00 am

Convenor: Marg McGiverin

Phone: 416-425-5717

Email: marg.mcgiverin@sympatico.ca