



# University Women's Club Toronto

envisioning, engaging, empowering

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## UPCOMING EVENTS

### DINNER SPEAKER - PEARCE J. CAREFOOTE

MONDAY, OCTOBER 7 AT 5:30 PM



Reservation deadline: October 5, 2019.  
Cost: \$45 for members, \$50 for guests  
Phone: 416-979-2000 or email  
[info@uwctoronto.ca](mailto:info@uwctoronto.ca)

#### Speaking On: Forbidden Fruit: Banned, Censored, and Challenged books from Dante to Harry Potter

Pearce J. (P.J.) Carefoote is the Head of the Department of Rare Books and Special Collections at the Thomas Fisher Rare Book Library, University of Toronto. He holds a doctorate in Sacred Theology in Church History from the Catholic University of Louvain, Belgium and a Master of Information Studies from the University of Toronto. He is the author of *Great and Manifold: A Celebration of the Bible in English*, *Calvin by the Book*, and *Forbidden Fruit: Banned, Censored and Challenged Books from Dante to Harry Potter*. From the time of Socrates, society has tried to control the expression of thought. This lecture takes a quick look at the way in which censorship has manifested itself in Western civilization from the time of the Renaissance to the present day, especially as new challenges to freedom of expression are once again beginning to appear among us.

*Elise Cole had previously been scheduled to speak on October 7, but has had to postpone her talk. We are delighted that Pearce Carefoote has been able to step in at the last minute!*

### SPOTLIGHT ON US TUESDAY, OCTOBER 29 AT 5:30 PM

*What's healthier than kale? A healthy relationship with food.*

New member Alida Finnie, a nutrition therapist and registered dietitian, will be our Spotlight speaker. Alida will speak about the shift from dieting to intuitive eating. There's a growing body of research confirming that intuitive, mindful eating supports well-being - including physical and mental health. By contrast, weight loss strategies, even when intended to promote health, almost always result in weight regain and can have negative impact on mental health. We'll be exploring how to incorporate body cues into your eating decisions, and thoroughly enjoy the pleasures of food without rules or dieting.

Please let us know if you are coming by contacting Haley at [info@uwctoronto.ca](mailto:info@uwctoronto.ca) or call 416-979-2000.





The colours in the fall are so beautiful. I hope that you will have many opportunities to enjoy the season.

Thanks to Marianne for a wonderful evening with Bob Rae. It was really an informative session laced with great good humour. Wasn't he great? Working with Innis College to present the event in the Town Hall was a dream. Thanks to all who came and who donated to our Scholarship Fund.

We also had an interesting evening with JDM Stewart. Great insight into former prime ministers. Who knew that Jayne Mansfield lusted after Lester B. Pearson? Thanks again to Ruth for a great choice of speaker. Both of these events tie in nicely with the upcoming election. Whatever your choice, be sure to vote and to encourage all you know to vote as well.

I went to a meeting of all the area presidents. It gave us a chance to get to know each other and hear about various club's strengths and weaknesses. We have agreed to share information about our events and to work together to get more initiatives for advocacy. Those who went to the CFUW Centennial Conference in Winnipeg were very enthusiastic about the work that CFUW does nationally and internationally through GWI.

As mentioned before CFUW has asked for a raise in the portion of the fees that we pay to them. This will necessitate raising our fees a bit. More on that another time.

October is a busy month for us with our speaker on censorship on the 7th, the Gala on the 24th and the Spotlight presentation about painless nutrition on the 29th. Our committees are already working hard. Please let us know if you are interested in working with scholarships (Chris Ward), advocacy (Susan), Finance (Wendy McCallum), Special Events (Rosemary Hales). Advocacy especially need members to work on affordable housing which affects women on the margins: refugees at Romero House, homeless women at Sistering and our students. In addition, if you have an idea for Out and About, talk to Jane Hamer, ideas for International Dining, talk to Susan LeRoy or Mary Aziz, and ideas for Spotlight go to Martha Dove.

Don't forget bridge on Tuesdays, call Marg McGiverin, French on Wednesdays, call me, morning book club, call Jean Thomson and evening book club, call Judith Lewis.


You can always check the calendar under Member Resources and see the newsletters under 'Newsletter' on our brilliant website Looking forward to seeing you soon and often,

All the best,

- Susan



## CLUB NEWS



### MEMBERS NEWS

Welcome to our newest members, Janette Pelletier and Sylvia Fishbein.

Janette works in Early Childhood Education and Sylvia is a retired doctor.

We are thrilled to have you both.

Best wishes to Kathy Withers who is continuing to recover from a serious illness.

## MUSIC AT U OF T



Thursdays at noon, FREE concert in Walter Hall

- Oct. 10: Wind ensemble
- Oct. 17: Bass Clarinet
- Oct. 24: Violin and Piano
- Oct. 31: Opera Spotlight, The Marriage of Figaro

Other Concerts which need tickets. Call 416-408-0208

- Oct. 2 at 7:30: the Calidore String Quartet (Beethoven)
- Oct. 5 at 7:30: the U of T Symphony, Beethoven's 7th
- Oct. 17 at 7:30: the U of T Symphony, Mozart and Tchaikowsky
- Oct.19 and 20: Opera, Handel, Acis and Galetea.
- Oct.21 at 7:30: Jonathan Crow and Joseph Johnson



## CLOTHING DRIVE FOR ROMERO HOUSE

When you are changing over your seasonal clothes, remember we are collecting fall and winter clothes, adults and children's sizes, shoes and boots, hats, mitts, scarves.

We will also welcome basic household items. The clothing drive will be late November until mid-December.

Thank you Mara Greenberg for volunteering to organize these collections for Romero House.



# CLUB NEWS



## AN EVENING IN VIENNA

As many of you know, we will be holding our Gala "An Evening in Vienna" on October 24th at 6:00 p.m. at the Faculty Club. The event is completely sold out but we have established a waiting list in case of any last minute cancellations.

Many thanks to all who have supported this endeavour to support Romero House and enjoy a fine evening of Austrian cuisine, wine and beautiful music provided by talented students of the U of T music department.

A silent auction will be held during the first hour for which we have received some very generous gifts. For those who plan to attend, we look forward to sharing a memorable evening with you.

For further information, please call me at 416-966-4227.

- Rosemary Hales

## ARTFUL DINING

Dine and delight in the splendours of the world's greatest art and architecture: Learn from renowned art and cultural historians. Increase your appreciation of art, music and travel. Share experiences with other art lovers. Enjoy great food in a great venue

Contact Arlene Kushnir 416 972 6239 to pay by Visa or MasterCard. You may pay by e-transfer to: [arlene.kushnir@sympatico.ca](mailto:arlene.kushnir@sympatico.ca)

## A CULTURAL RAGU: A JOURNEY THROUGH CENTRAL ITALY: Tuscany & Umbria

Lecture given by Professor Kenneth Bartlett

Every Wednesday evening for 6 weeks from October 23 to November 27, 2019 6:30 to 9:30 PM

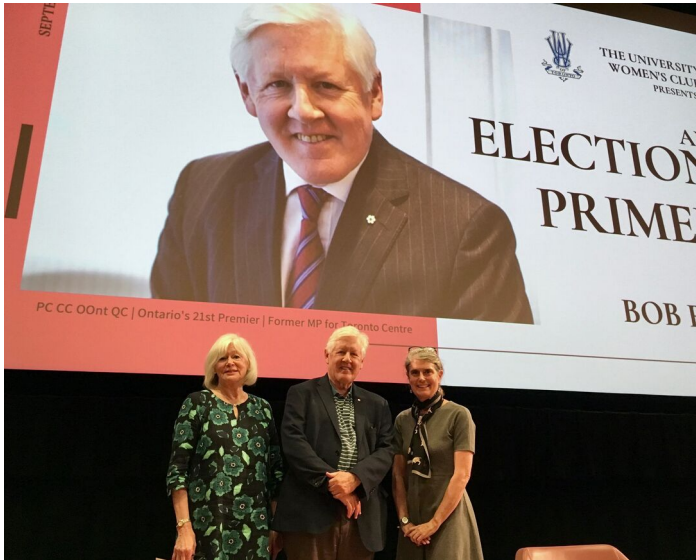
6 Dinners with illustrated talks \$675.00 or \$125.00 for a single evening

## SAVE THE DATE

*Finance Meeting - November 11*  
 We would like to have a real meeting to get to know each other and discuss issues as well as receive the finance report and vote on the distribution of our money.



## PAST EVENTS



### BOB RAE EVENING

On September 10th, the UWC hosted an evening with Bob Rae. Innis College kindly provided their Town Hall as a venue and a crowd of approximately 150 listened to Mr. Rae's thoughts on the upcoming election. A spirited question and answer period followed. Admission was by donation and we raised over \$2900 for scholarships administered by our UWC Toronto Foundation. Many thanks to all who came and brought guests to this successful event.

- Marianne

### DINING LEBANESE-STYLE

Thirteen of us kicked off the first International Dining evening on Sept 11 at the Beiteddine Lebanese Restaurant on the Danforth. The food was exceptional. We started off with appetizers of pita, mouttabal (eggplant), hummus, and mid-eastern salads. The servings were so generous, they could have been a meal unto themselves. These were followed by an entree of mixed grilled meats (chicken, beef, and veal sausages) and grilled vegetables. The last course was mint tea and conversation. It was a delightful evening. Mohamed, the owner, was constantly checking in with us to see if we were happy and if there was anything else his young staff could do for us. I would urge you to consider supporting this family starting up a new business on the Danforth. I thought it was literally the best hummus I had ever tasted.



We are planning and will confirm at a later date meeting at the Maison Selby for our November meeting. Maison Selby, on the site of the historic C. H. Gooderham House and later the Sherbourne Hotel, is one of 2019's new "go-to" restaurants in Toronto. The chefs are the familiar Oliver and Bonacini team. We're hoping to reserve their group meeting room. I think it will be an adventure. Please plan to join us in November.

- Susan LeRoy



## OUT AND ABOUT

### THANK YOU, VOLUNTEERS!

The highly successful Out and About program depends entirely on the willingness of our enthusiastic members to plan outings to museums, lectures, theatres or galleries, for the benefit of all our UWC members. The Out and About season is now off to a wonderful start. Thanks to Marianne Anderson and Tori Brown for organizing an exciting evening, on September 10th, at Innis College with Bob Rae speaking knowledgeably about the upcoming federal election.

Designated planners are already thinking ahead and organizing future outings which will be announced in our monthly newsletters. Liz Mowat has kindly volunteered to plan a visit to Spadina House in November. The precise date and details of this outing will soon be available. Many thanks to Susan Anderson who is organizing February's outing and Pam Horton who has volunteered to plan an outing in April. Our annual year end trip to the Stratford Festival will be undertaken by Kathy Nolan-Garner in June.

Thank you to these volunteers for enriching our UWC activities with your time and talent.

- Jane



## SPOTLIGHT ON OUR MEMBERS

Spotlight evenings at the Faculty Club are a relaxed and friendly way to get to know other University Women's Club Members. At each Spotlight evening one member volunteers to give a talk about her career, travel, hobby, family or any other life experience of interest to our club. The talk is followed by a casual dinner in the pub for those who wish to stay on.

As mentioned on page 1, we have a Spotlight evening this month, on Tuesday, Oct 29. Dates for future Spotlight evenings are Tuesday January 21st, Wednesday March 25th and Tuesday May 19th, 2020. Be sure to save the dates and watch for details of upcoming Spotlight evenings in our newsletters.

Our Spotlight Convenor is Martha Dove.

# PAST EVENTS

## ON BEING PRIME MINISTER

On Monday, September 16th, our members welcomed author of Being Prime Minister, J.D.M. Stewart. He took us behind the scenes of the Prime Ministers' office to give anecdotes and personal details of our remarkable, very human Prime Ministers. It was a fun jaunt through Canada's highest office.

– Ruth



## GRANDMOTHERS TO GRANDMOTHERS LUNCHEON

Over lunch at the Faculty Club on September 17 Ida Nambeya treated us to a most interesting and informative afternoon. She spoke on Grandmothers to Grandmothers, a project whereby Canadians assist grandmothers in Africa, primarily in countries south of the Sahara Desert. These grandmothers are caring for children whose parents have died of AIDS. Some of the women are feeding, clothing and raising a dozen children. Idah, who is from Zambia, told us about the African side of the project. Helen Fisch, a volunteer from Toronto, told us about what Canadians are doing. It was heartwarming to see what is being accomplished by Africans and North Americans working together.

– Harolyn Panetta





## UWC EVENTS OCTOBER 2019

### MORNING BOOK CLUB

Thursday, October 3rd

Book: *Brideshead Revisited*, by Evelyn Waugh

Convenor: Jean Thomson

Phone: 416-421-2732

### SPOTLIGHT PRESENTATION - ALIDA FINNIE

Tuesday, October 29th at 5:30 pm

### DINNER SPEAKER - PEARCE J. CAREFOOT

Monday, October 7th at 5:30 pm

### AN EVENING IN VIENNA FUNDRAISING GALA

Thursday, October 24th at 6:30 pm

### EVENING BOOK CLUB

Wednesday, October 30th at 5:30 pm in the Pub

Topic: Educated

Convenor: Judith Lewis

Phone 416-653-4931

Email: [judithlynnlewis@gmail.com](mailto:judithlynnlewis@gmail.com)

## WEEKLY INTEREST GROUPS

### LE PETIT CERCLE FRANÇAIS

Douce France, 820 avenue Danforth, le mercredi à 10:00h

Convenor: Susan Freeman Phone 416-488-5041

Email: [susgula@sympatico.ca](mailto:susgula@sympatico.ca)

### SOCIAL BRIDGE

Every Tuesday at 10:00 am

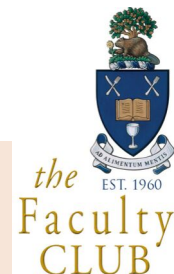
Convenor: Marg McGiverin

Phone: 416-425-5717

Email:

[marg.mcgiverin@sympatico.ca](mailto:marg.mcgiverin@sympatico.ca)

## FACULTY CLUB EVENTS



### SPECIAL EVENTS

**Harvest Fest:** Mon. Sept. 30 – Fri. Oct. 4

A variety of autumn favourites sweet and savoury; lunch & dinner specials.

**Thanksgiving Lunch Buffet:** Wed. Oct. 9 With all the trimmings!

**Lebanese Food Fest:** Mon. Oct.14 – Fri. Oct. 18

**Peruvian Food Fest:** Mon. Oct. 28 – Fri. Nov. 1

On Thursday there will be a speaker on the subject.

**Oyster Night in the Pub:** Thurs Oct. 31

### REGULAR EVENTS

**Afternoon Tea** – Every Tuesday from 2:30 to 4:30 pm.

Kindly make a reservation.

**Gourmet Burgers** – Every Wednesday

**Fish & Chips** – Every Friday