



UPCOMING EVENTS

International Women's Day

Luncheon Speaker Dr. Aileen Burford-Mason

Friday, March 8 at 11:30 am

*The Healthy Brain:
Optimizing Brain Power at
Any Age*



She has been an assistant Professor in the Faculty of Medicine at the University of Toronto, and the director of a cancer research laboratory at the Toronto General Hospital. She is the author of *Eat Well, Age Better* (2012) and *The Healthy Brain* (2017)

Reservation deadline: March 5

Cost: \$50 each

For tickets kindly contact Deborah Maw at 416-966-2856.

Please make the cheque payable to CFUW Special Event.

Dr. Burford-Mason is an immunologist, cell biologist and orthomolecular nutritionist - a specialized field of nutrition that uses diet, as well as vitamins, minerals, amino acids and other substances naturally present in the body to treat and prevent disease.

Luncheon Speaker - Saloma Smith

Tuesday, April 2 at 11:30 am

Saloma Smith went to Pakistan for 30 years educating the poor and underprivileged of Pakistan's province Sindh. After running schools in rural areas for years, Saloma set up a school in the city of Kunri. She operated the school for almost twenty years.

Photo with former Governor General of Canada David Johnson



Reservation deadline: March 29

Cost:
\$28 for members, \$33 for guests

RSVP: 416-979-2000 or email info@uwctoronto.ca



Here we are in the Merry Month of March.

The board has been working very hard preparing for the Annual General Meeting which will be on April 15. We would really like you to know more about all the things we have been doing and to have your contributions to and opinion on our plans for the future. I will be speaking more about this in the April newsletter. If you know already that you will be unable to attend, a proxy form is at the end of this newsletter.

The CFUW group is focusing on election issues that we will be discussing with you at the AGM. Climate change and affordable housing are our main concerns.

The Scholarship Committee has done excellent work in preparing materials to take to the high schools to make students aware of the financial assistance we could provide. The group plans to visit all of the schools in the week after the March Break, introducing the University Women's Club and our work. I am so pleased with the energy, enthusiasm and knowledge that this group brings to our meetings.

Out and About is a great new idea from Jane. The next event, convened by Martha Dove, is for art lovers who will meet on March 26 at the Heliconian Club for what promises to be a fabulous evening.

At Harolyn's suggestion, we will be welcoming a luncheon speaker on Tuesday, April 2nd at the

Faculty Club. It should be a very moving and instructive talk from Harolyn's friend, Saloma Smith, about her experiences teaching 30 years in Pakistan. Please see Ruth's note for more details.

As you know we will be approving a new constitution at the AGM. I would like to thank Judith and Kathy and the whole committee for their hours of tireless, detailed work. I am sure you will appreciate the new document.

The Tuesday morning bridge group is growing. Thanks to Marg for organizing and to Marianne for her great lessons. We are a very friendly and welcoming group, so please join us.

The book clubs are doing great things and we are having a Bargain Book Bonanza on June 12 for all book lovers. Stay tuned for details.

I hope that you have April 15 marked on your calendar for the AGM. The board would like to count on your support.

If you are lucky enough to escape Toronto winter, spare a thought for those who are left behind to endure.

All the best,

- Susan



CLUB NEWS

New Members

We are so pleased to welcome Tori Brown and Irene Guo as new members.

We are also very fortunate to have two new student members: Shireen Kashmeri, working on her Ph.D. in medical anthropology, and Elizabeth Lakasi Lea, who was a lawyer in Congo and plans to do an MA at U of T.



Get well soon

We are pleased to hear that Paula Barber is on the mend after a terrible bout with a streptococcus infection in her knee. She will be recovering for some time and we wish her all the very best.

Sad News

We are all saddened to learn of Mary Macdonald's recent death on January 25. She would have been 100 on May 17 this year. As you may remember, her family has very generously supported our scholarship program. A Celebration of Mary's Life will take place at Christie Gardens on April 7 from 2-3 p.m. Please let Susan know if you would like to attend.

Drama Queens on the Road

The Stratford Trip on June 13 is fully booked. A wonderful response! Please remember to send your cheques to Susan if you have not already done so. It is \$73 for Othello and the bus, and \$100 for both plays and the bus.

Calling All Billets!

Our Club is co-hosting the Ontario Council 40th Anniversary AGM on May 10 and 11, and we are looking for members willing to billet out-of-town attendees. Women come from all over Ontario to attend this conference. They would likely arrive on the Friday morning or afternoon and leave sometime on the Sunday. You aren't required to provide meals. Let us know if you can help!

- Jane, Rosemary and Susan



OUT & ABOUT

Our new Out & About schedule has lots going on in the next couple of months. Contact Marium at 416-979-2000 or info@uwctoronto.ca if you wish to participate in any or all upcoming events. This is a wonderful way to explore the city and environs in the company of good friends. Watch the newsletter for details.

Thanks to all the Event Conveners. Your efforts help make our club active and vibrant. If you have an outing you would like to lead, please let Jane know.

UPCOMING EVENTS

Tuesday March 26 at 7:00 pm - Heliconian Club Visual Art Salon, Frances Patella. Event Convenor Martha Dove

Wednesday April 24 at noon - Hart House Art Tour. Event Convenor Wendy McCallum

Wednesday May 29 at 11:00 am - The Textile Museum of Canada. Event Convenor Liz Mowat

Thursday June 13 - Stratford Festival Theatre. Event Convenor Susan Freeman

IN THE NEWS



Silver Screen Star

This year the UWC has provided financial support to Anna Lambe, a young student from Iqaluit. As well as attending university in Ottawa, Anna performed in a movie called “The Grizzlies”, based on the inspiring true story of a lacrosse team from a small, struggling Arctic community that was changed through the transformative power of sport.

The movie has been well received at festival showings and Anna has received a Canadian Screen Award nomination for Best Supporting Actress. Canadian Screen Awards will be held on March 31, 2019 to honour achievements in Canadian film, television and digital media. Congratulations to Anna! We can’t wait to see “The Grizzlies”, later in the spring when it is released in Toronto.

- Jane

Ted Talk Star



Our member Stacy Costa is giving a Ted Talk on March 23. Stacy is a doctoral student at The University of Toronto, Ontario Institute for Studies in Education studying curriculum, teaching, and learning and in the collaborative program of engineering education. Stacy will be speaking at the March 23 Ted Talk **TEDxUofT 2019: Spectrum**.

Stacy's talk will explore why puzzles exist and how they help us function in bettering our lives. They are more than time wasters used for amusement. With ancient roots, they provide cognitive, and social benefits in more ways than you might think.

For tickets go to www.tedxuoft.com/events/spectrum.

Advocacy News!!

UWC Toronto member, Rebecca Hagey, an active member of the Raging Grannies, sang her song of protest “Privatizing Subway is a Thieving Disgrace” at a peaceful demonstration on Friday February 22. Rebecca, an accomplished ukulele player used her musical creativity to bring public attention to her concerns about the funding of Toronto Transit.





CLUB BUSINESS

Changes to the UWC Toronto Constitution

With the demise of the Heritage Fund, the Club applied for its own charitable status. In order to do this we needed to consult a lawyer and also needed to bring our constitution in line with the current government legislation for not for profit organizations.

Changes:

All references to the GWI have been removed. As we are part of the CFUW it is understood we are part of the GWI. Should Canada withdraw from the GWI we would not have to change the constitution again.

The Board of Directors functions and duties have been moved and are now called Terms of Reference. This allows us the change them more easily as becomes necessary.

The terms of office for the members of the board has also changed to 3 year terms. This allows for one third change each year so that members understand the beauty of some new members, some junior and some senior with a couple of years experience. This will make up the board members.

Respectfully submitted,
Judith Lewis
Chair Constitution Committee

The constitution will be e-mailed to all members on March 15.

Hard copies for those without e-mail access will be available in our 'office' on the third floor of the Faculty Club as of March 15.

Finance

Investments

The board determined that we will continue with our current investment dealer Udaya Ratnayake of BMO / Nesbitt Burns. We would like to thank the Investment Review Committee which was led by Wendy McCallum, and included Susan Anderson, Susan Freeman, Nancy Lunney, Marg McGivern and Kathy Nolan-Garner. We would also like to thank Susan Le Roy for the expert advice provided to the committee. In addition to Udaya, three other Investment Dealers made presentations.

2018 Actual Financial Results and 2019 Budget

The results for 2018 and the 2019 budget will be presented to the members at the AGM. The audit is currently underway and is expected to be completed by the end of February.

Fees

No increase in fees is anticipated. While there has been discussion that the international fees would increase, no increase is anticipated for 2019.

Constitution

The Investment Policy that was included in the Constitution was reviewed and it is now defined in the new Bylaw 2. The need to conduct a review of the Investment Dealer at a minimum of every three years was added. Other changes were minor and the new Bylaw will be presented for members' approval at the AGM.

AGM Finance Items

The following items will be presented at the AGM:

- Audited 2018 Financial Statements
- Recommendation of the Auditor for 2019
- 2019 Budget

MARCH EVENTS



International Dining – Sabai Sabai

Wednesday, March 13 at 6:00 pm

The Thai word *sabai* means “happy, relaxed, comfortable, chill”. We are sure the food will be great, and so will be the company!

This restaurant specializes in Northern Thai food, a little less spicy than central Thai, but very flavourful. We hope you

can join us on Wednesday March 13 at 6:00 pm.

Sabai Sabai is located at 81 Bloor St East, just past the Yonge and Bloor subway station on the south side. Please notify Susan LeRoy in advance if you plan to come so she can notify them our numbers and they will be able to arrange the tables with enough seating.

Susan Leroy at 416 992 4114 or susan.f.leroy@gmail.com. Looking forward to a great night!

- Susan and Mary

Music at U of T

March Music

The following concerts are Thursdays at noon, FREE at Walter Hall in the Faculty of Music (Museum subway)

March 7- Jialiang Zhu, piano, winner of the DMA Competition

March 14 - Ethan Filner and James Parker, popular works for viola and piano

March 21 - Student chamber ensembles

March 28 - Winners' recital in Song and piano accompaniment



MARCH EVENTS

(continued)

ATTENTION ART LOVERS

On **Tuesday March 26, 2019**, we are planning an outing to **The Heliconian Club** in the heart of Yorkville. We will be attending **the Visual Arts Salon: “Artist on Fire: An Intimate Look Into Joyce Wieland’s Studio with Artist Frances Patella”**.

In the world of major artists and their assistants, much is left mysterious to the public. Join UWC members as The Heliconian Club hosts Frances Patella, photo-based mixed media artist and former assistant to Joyce Wieland. Patella will relate short stories giving us an inside look into Wieland’s studio practice. And Patella will share with us how her work has been impacted as a result of her time with Wieland.

Special guest Betty Ann Jordan will be joining us that evening. Founder of Art InSite tours, Betty Ann is an arts writer, commentator and cultural tour maven.

We will meet at the historic Heliconian Hall, 35 Hazelton Avenue, Toronto, (Bay subway). Events begin at 7:30 p.m. (doors open at 7:00 p.m.) Light refreshments are included. Cash bar is available.



*Photo: Artist on Fire by
Joyce Wieland*

Tickets \$25. Please note: Seating is limited. To avoid disappointment, please contact Martha as soon as possible. Martha is happy to assist in pre-paid ticket purchase for UWC members.

For tickets and additional information, please telephone Martha at 416-691-4901 or email: martha.dove@sympatico.ca. Martha will confirm your attendance with Marium to update our UWC RSVP list. And Martha will advise our hosts at The Heliconian regarding our numbers.

Looking forward to what promises to be a memorable Out and About Evening!

- Martha

PAST EVENTS

Dinner Speaker – Jessica Johnson

On Monday, February 11, the Executive Editor and Creative Director of *The Walrus* magazine, Jessica Johnson, gave an inspiring talk about her career journey. To an excellent turnout of our members and guests, she talked about managing her way through a male-dominated workplace to becoming *The Walrus* magazine's first woman editor. Since then, readership has increased 17% which is almost unheard of in the magazine industry today. She has had female mentors who have encouraged her along the way and now she, in turn, is facilitating groups of women to meet and share their hopes and interests.

Check out *The Walrus* to provoke new thinking and to spark conversation on matters vital to Canadians. www.thewalrus.ca - Ruth



Spotlight on Joan

Make no mistake! Joan Connolly is an artist. Joan braved the inclement weather and drove from Aurora to be our Spotlight speaker on February 20th. She has been the proprietor of Pine Door Salon, for over 30 years, offering a wide range of skin care services. Joan is a skilled technician with multiple advanced certificates in skin care aesthetics and a business degree from Seneca. Regardless of a client's age, Joan uses a technique that is not about disguising age, but rather allows everyone to put their best face forward. The evening talk was informative and fun, followed by dinner in the pub.

- Jane

SAVE THE DATE

Hart House Art Tour – April 24 at noon

The Hart House Art Committee has been acquiring Canadian art since 1922 and this event is an opportunity to see the collection of over 650 pieces of art. There is no cost for the tour. After the tour we will have lunch in the Gallery Grill at Hart House.

We are waiting to hear back from Hart House to get more information about whether it is a guided tour, the length of the tour etc. Members that would like to attend can contact Marium (416-979-2000, info@uwctoronto.ca) or Wendy (416-698-6551, mccallummwendy@gmail.com).

- Wendy





UWC EVENTS March 2019



FACULTY CLUB EVENTS March 2019

- 4** **Board Meeting**
Monday, March 4 at 5:00 pm
- 7** **Morning Book Club**
Thursday, March 7, 2019 at 10:30 am
Book: The Unlikely Pilgrimage of Harold Fry by Rachel Joyce
Convenor: Jean Thomson
Phone: 416-421-2732
- 8** **International Women's Day Luncheon**
Friday, March 8 at 11:30 am
- 13** **International Dining**
Wednesday, March 13 at 6:00 pm
- 27** **Evening Book Club**
Meet in the Pub
Topic: Women who have made a difference
Convenor: Judith Lewis
Phone 416-653-4931
Email: judithlynnlewis@gmail.com

Weekly interest groups March 2019

Le petit cercle français

Every Tuesday 3:00 – 4:00 pm
Convenor: Susan Freeman
Phone 416-979-2000
Email info@uwctoronto.ca

Social Bridge

Every Tuesday at 10:00 am
Convenor: Marg McGiverin
Phone 416-425-5717
Email marg.mcgiverin@sympatico.ca

Crepe Festival

Monday, March 4 – Friday, March 8
Lunch & Dinner Specials (Pancake Tuesday, March 5)

Tuesday Afternoon Tea

2:00 -4:00 pm (Reservations required – 24 hours' notice)
Tuesday, March 5, 12, 19 and 26

Gourmet Burger Wednesdays

Wednesday, March 6, 13, 20 and 27

Mac & Cheese Cooking Class

Wednesday, March 13 at 5:30 pm
Learn How to Make The Faculty Club's' Signature Mac & Cheese'
Chef Harold will walk you through our classic dish and move on to gourmet additions!

St. Patrick's Day Luncheon Buffet

Friday, March 15, 12-2pm

Tara Nova Performs in the Pub

Traditional Celtic Music
4:30-7:00 pm
Seating will be based on first come basis!

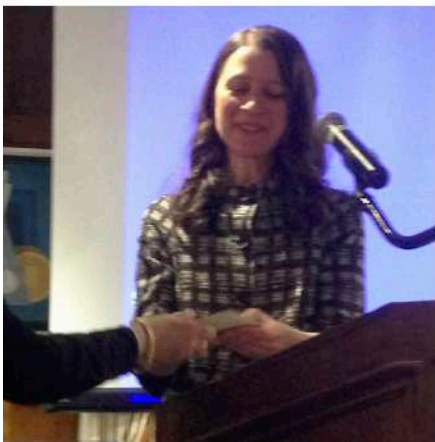
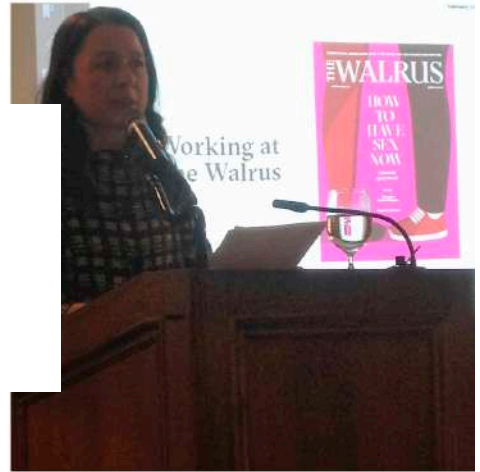
Oyster Night in the Pub

Thursday, March 28 at 5:30 pm
Please reserve

PAST EVENTS GALLERY



February 11
Dinner Speaker
Jessica Johnson



PAST EVENTS GALLERY



February 20
Spotlight on
Joan Connolly

PROXY FORM



University Women's Club of Toronto

Annual General Meeting, April 15, 2019

I _____, being a member of
the University Women's Club of Toronto in good standing, do hereby appoint
_____, also a member of the University
Women's Club of Toronto in good standing, to be my proxy and vote on my behalf at the
Annual General Meeting on April 15, 2019. This form can be given to the proxy or mailed to
UWC Toronto, c/o

The Faculty Club,
41 Willcocks St.,
Toronto M5S 1C7.

Signed _____

Date: _____