



University Women's Club Toronto

envisioning, engaging, empowering

UPCOMING EVENTS

Dinner Speaker Jessica Johnson

Monday, Feb 11 at 5:30 pm

From Nellie Bly to #MeToo



Ms. Johnson, executive editor and creative director at *The Walrus*, will speak about the changing nature of journalism today, including the fight against fake news and the recent rise of women to the helm of leading Canadian publications. In her previous lives, Jessica distinguished herself in roles as varied as Senior Editor at *Azure*,

Books Editor at *Saturday Night* and *The National Post*, Deputy Editor at *Fashion Quarterly*, and Chase Producer at CBC TV. She also won a Gold National Magazine Award, and her work has appeared in *The Globe and Mail*, *Lucky*, *Elle*, *Reader's Digest*, and yes, *The Walrus*.

Reservation deadline: Feb 9
Cost: \$40 for members, \$45 for guests
RSVP: 416-979-2000 or info@uwctoronto.ca

Spotlight on Us - Joan Connolly

Wednesday, Feb 20 at 5:30 pm



Putting Your Best Face Forward

Joan Connolly is an expert in the art of aesthetic skin care. She has operated her own business, Pine Door Aesthetic Skin Care, for over 30 years in Lawrence Park, Stouffville and Aurora. Joan will demonstrate the subtle techniques of a natural skin care regime.

Be sure to register now for this event. Bring your friends! Make new friends! Catch up with old friends! Spotlight is the perfect time to have fun with the UWC. - Jane

RSVP: 416-979-2000 or email info@uwctoronto.ca



One of the CFUW initiatives this year of the 100th anniversary is to encourage the clubs to embark on drives for new members. We are indeed fortunate that our numbers have increased, but we want more!!

Sandy Thomson, president of the CFUW Ontario Council (which, by the way, was founded 40 years ago by our own Betty Tugman) has written:

“Does lifelong learning appeal to you? Do you yearn for a discussion on your favorite new novel? Are speakers on various topics, with study and interest groups, and activities, on all sorts of topics of interest to you? Are you passionate about issues such as climate change, childcare, violence against women? ... Awarding scholarships to deserving women of all ages – is it an interest for you?”

We have amazing speakers. David Newland’s presentation on the Arctic was enlightening, exciting and so engaging. Our next speaker is the editor of Walrus!! Our book clubs cover so many areas of interest with thought-provoking and informed discussions. The trip to McMichael was not only an opportunity to learn but also a time to enjoy each other’s company. Our world cuisine experience has been so enhanced by our intrepid international dining.

The great Spotlight on Us has been a wonderful success. Our Out & About

initiative is new and absolutely thriving. Our advocacy group is focusing on childcare, climate change and affordable housing. Ann is representing us with childcare, Barb is so passionate about climate, and we all felt that affordable housing affects so many women on the margins, be they homeless, refugees or students. Our program for the May conference centres on helping women on the margins through education. We do fundraising for organizations that help refugee women and girls, homeless women and for our scholarships. These scholarships help so many young women continue their education. We welcome all of you to take an active role in your areas of interest. The Advocacy group needs more help.

The Scholarship Committee is hard at work, with amazing ideas and enthusiasm. If you have an idea for an Out & About event, do let us know. If you would like to see more groups: political action for the federal election, lobbying the provincial government on any number of issues, discussion of national and international events, please let us know. Not only ‘let us know’ but also, take the initiative to start the ball rolling. We would be thrilled to hear from you.

The other arm of this involvement is encouraging others to join us. Yes. The membership drive. Consider bringing a friend to a speaker evening, to a Spotlight, to a book club, to an Out & About, to a meeting of a committee. The Board is very proud of our accomplishments and we encourage you to share the delights of membership with your friend(s).

Enjoy February. At least, it’s short.
All the best. - Susan



Club News

New Members

We are so pleased to welcome Vijay Agnew, Darlene Frampton, Linda Moffat, Lynne Primrose and Kathy Withers as new members. We hope to see them soon and often.



Dining Room

The beautiful Wedgewood Dining Room is open for diners in the evenings when it is not booked for an event. Please reserve 24 hours in advance. The staff will be able to tell you the availability. Call Michele Wilson at 416-946-7052.

Romero House Thanks Us

Dear Susan, I've seen the wonderful gifts that the UWC gathered for our refugees.

I / we are so grateful not only for these gifts but also for the way in which UCW (with your GREAT leadership) has made such an effort and such a difference in the lives of real women and girls. Peace on earth.
- *Mary Jo*



Calling All Billets!!

As you know, our Club is co-hosting the Ontario Council 40th Anniversary AGM on May 10 and 11. It is so costly to book a hotel in Toronto.

Would any of you have a spare room and be willing to host a guest for the conference? Women come from all over Ontario to attend this conference. They would likely arrive on the Friday morning or afternoon and leave sometime on the Sunday. You aren't required to provide meals. If you could possibly accommodate a guest for the weekend, you would be doing a great thing and we are sure you would enjoy it, too. Please let Jane, Rosemary or Susan know.

Out & About

Our new Out & About schedule offers a wide range of exciting, cultural activities available to UWC members. Please read this schedule carefully to learn more about past and future outings.

Contact Marium at 416-979-2000 or info@uwctoronto.ca if you wish to participate in any or all upcoming events.

This is a wonderful way to explore the city and environs in the company of good friends. Further details of each outing will be provided by the Event Convenors in our newsletters. Thanks to all the Event Convenors. Your efforts help make our club active and vibrant. - *Jane*



OUT & ABOUT

PAST EVENTS

Friday, January 11

Tour of McMichael Gallery

Event Convenors Rosemary Hales and Terry Tedesco

Friday, January 18

Private tour of "Alice Opens the Door" at

Toronto Reference Library

Event Convenor Marianne Anderson

UPCOMING EVENTS

Tuesday March 26 at 7:00 pm

Heliconian Club Visual Art Salon, Frances

Patella. Event Convenor Martha Dove

Wednesday April 24 at noon

Hart House Art Tour

Event Convenor Wendy McCallum

Wednesday May 29 at 11:00 am

The Textile Museum of Canada

Event Convenor Liz Mowat

Thursday June 13, all day

Stratford Festival Theatre

Event Convenor Susan Freeman

UWC (TORONTO) FOUNDATION

Scholarship Committee

The UWC Scholarship Committee met on December 17, 2018. As the new UWC (Toronto) Foundation awaits receiving its charitable status, this newly formed committee enthusiastically reviewed its mandate, including the criteria for scholarship recipients and the list of target Toronto high schools.

The committee identified the importance of working with guidance counsellors and the preference to provide meaningful award amounts to female students as well as trying to provide other support, such as mentoring. The committee also noted the importance of fundraising to support this initiative. The members of the committee are Chris Ward, Doris Geddes, Penny Vincent, Talisha Ramsaroop, Sharon Abel, Lily Contento, Elizabeth Mowat, Jane Hamer, Marianne Anderson and Susan Freeman. We are happy to welcome more members. We are meeting next on Feb. 1 at 1:00 pm at the Faculty Club.

- Marianne

Innis Scholarship Recipient

Introducing Katherine Yang... our residence scholarship award winner for 2018-2019.

Katherine joined us at our Festive Dinner in December and sent us this thoughtful letter, so that we might get to know her better.



It was my pleasure to attend the event and get to meet you and the ladies at my table. Thank you so much for inviting me.

You asked me to tell you a little bit more about myself. I am a first year student enrolled in Rotman Commerce program at U of T. I have a sister who is two years younger than me. In high school, I was involved in a variety of extra-curricular activities - 2 choirs, DECA, a business competition, where I won Top 10 at the regional competition, and Kpop / hip hop dancing both at school and in the community. At home, I enjoy playing the piano and the GuZheng, a Chinese instrument.

I was also Marketing Chair at my school's Relay For Life club, a club that raises awareness of cancer and encourage students to form teams to raise funds for the Canadian Cancer Society. I was very proud that my school raised a total of \$17000 in just a few months. I also formed a Junior Achievement Company with some other high school students. Our company was called Unio. Our mission was to support a more inclusive future for children with disabilities.

We partnered up with Holland Bloorview, Canada's largest children's rehabilitation hospital, and raised money for them by selling our phone accessory product. We also created brochures and a website and visited the hospital to learn more about it. Through selling our product, we raised a total of \$2500 to Holland Bloorview.

In the future, I hope to pursue a career related to accounting or finance. I want to explore the different options and gain experience during my years at U of T. I might consider becoming an entrepreneur as well, if any good ideas come up once I have refined my knowledge. I would love to contribute back to the society and support the people in need.

I will stay in touch with you and people at the University Women's Club of Toronto. Please let me know if there's anything I can do for the University Women's Club of Toronto as I would love to make contributions to the club and support the mission of providing more opportunities for the growth of women.

Sincerely,

- Katherine Yang

FEBRUARY EVENTS

Mary Jo's Book Launch

February 12, 5:00 to 7:00 pm

Novalis Publishing invites you to their book launch for Mary Jo Leddy's

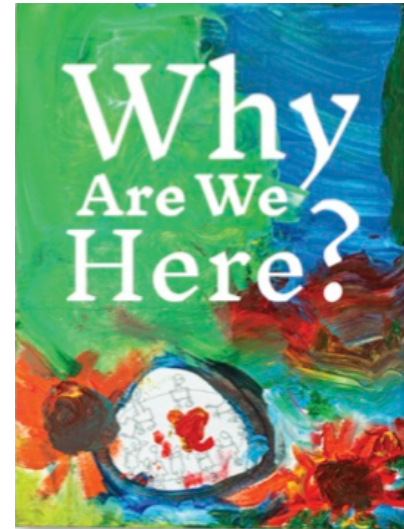
"Why Are We Here" - A Meditation on Canada.

At Regis College, 100 Wellesley St. W., Toronto.

Free refreshments on arrival. Parking is available next to the college.

Kindly RSVP by Feb. 1 to louise.donkor@novalis.ca

For more information, call 1-877-702-7773 x2223.



In the Arts

Attention Theatre & Music Lovers!

Hart House Theatre presents the rock musical, Hair, an iconic work that celebrates its 50th anniversary at a time of new-found social justice movements and civil unrest.

Date: Feb. 1 at 8:00 p.m. Please call Susan 416-488-5041 if you want a ticket.



Music at U of T

Feb. 3 - Music for a Sunday Afternoon, 2:30 p.m, Macmillian Theatre, David Fallis et al, an afternoon of choral gems. Adults \$30, Seniors \$20.

Feb. 7 - Noon hour free concert in Walter Hall, *Plagiarism and Theft*, pianist Younggun Kim presents a solo recital of works based on other works. Sounds interesting.

Feb. 7 - 7:30 p.m. Walter Hall, JAZZ: What makes it great? The music of Duke Ellington, U of T Jazz Orchestra. Tickets \$40 adult, \$25 senior.

Feb. 14 - Noon hour free concert in Walter Hall, Opera Spotlight, selections from Mozart's *La finta giardiniera* (preview of future performances: Mar. 14-17)

Convenor: Susan Freeman
Phone 416-488-5041, or email susgula@sympatico.ca



CFUW NEWS & EVENTS



CFUW Ontario 2019 Workshop Theme: Women Helping Women

- Yorkminster Park Baptist Church, 1585 Yonge St, Toronto
- March 2, 2019 10:00 am – 3:30 pm
- Registration closes on Wed Feb. 20, but please let Susan know by Feb. 15 if you wish to attend as she must send in names and money.

More information is available on the CFUW website – www.cfuwontocouncil.org

Climate Change Plan

On behalf of UWC Toronto, Barb Falby sent her submission entitled *A Made in Ontario Climate Change Plan* to the Honourable Rod Phillips, MPP, Minister of Environment, Conservation & Parks.

This thoroughly researched document outlines 32 actions the Ontario government should take to ensure safe levels of CO2 in our province. She ends by saying “Some scientists, like retired NASA climatologist, Dr. James Hansen, state that the “safe” level for CO2 in our atmosphere is 350 ppm. Most recently, many respected scientists state that today’s “real” CO2 count is closer to 500 ppm. Hansen says that the last time CO2 levels were this high, humans did not exist. Our dependence on fossil fuels is fundamentally changing the nature of the planet — and it’s time to act”

Support/Action/Advocacy Focusing on Women Helping Women

Committee members: Marianne Anderson, Barb Falby, Lorena Reimer, Susan Freeman, Judith Lewis, Chris Ward, Talisha Ramsaroop.

Saturday, November 24, 2018, saw our entire committee meet together at the Yorkminster Church for the CFUW Day on



Remembering-40 Years of Advocacy with the CFUW Ontario Council.

Our day began with a very informative, entertaining and humble rendering of Rosemary Ganley’s experience as co-chair of Canada’s International Gender Equity Advisory Council—a signature initiative for the Canadian G7 held in June 2018 in Quebec. She was called upon to lead our country’s delegation because of her lifetime of work and commitment as a feminist, activist and writer.

One anecdote she shared was describing being asked to serve. “Imagine me sitting at home in Peterborough in my modest apartment and receiving a call at dinnertime. One thinks of nuisance calls. But upon answering I was asked if I had time to take a call from the Prime Minister”. Rosemary then quipped “Well I guess I could take the call.” As she ended her talk she entreated us all to continue the good fight with “Sisters, carry on”.

The lunchtime provided us with time to network, meet members from around the province, and celebrate 40 years of advocacy through the eyes of four past presidents of the CFUW Ontario Council. Our own Betty Tugman spoke, as the founding president.

The afternoon offered a choice of one of two workshops, Restorative Justice by Kathleen Clarke, combining status of women, human rights and education, and Basic Income Pilot Cancellation by Dionne Pohler- our legislative focus.

As a follow up to our first meet as a committee, we held a second meeting on Dec 6, to decide on which particular issues our committee should focus. We have decided to continue an ongoing investigation into climate change. Barbara Falby responded to a provincial consultation on climate change on our behalf. Our second focus will be examining affordable housing issues.

Respectfully submitted,

Chris Ward

Toronto Women's March 2019

Despite freezing temperatures, thousands of protestors descended onto Nathan Phillips Square at noon on January 19 for the third-annual Women's March in Toronto...

INCLUDING.... Our very own Marianne Anderson and her daughter Olivia!

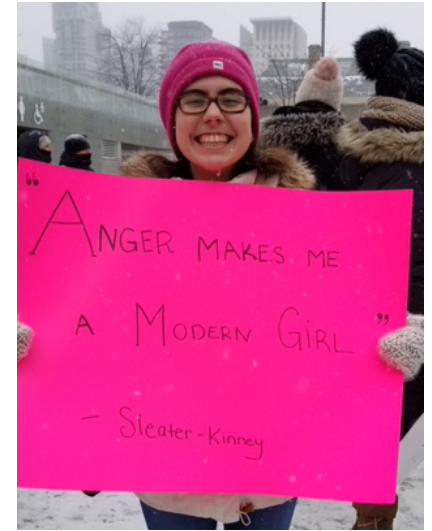
This year, speakers included equity and gender-based violence expert Farrah Khan, Black Lives Matter activist Sandy Hudson and Ontario sex-ed activist Rayne Fisher-Quann.

The march began in 2017 in solidarity with the Women's March on Washington, which occurred the day after the inauguration of Donald Trump. Issues targeted have included women's rights, sexual harassment, gender equality, reproductive rights, immigration, LGBTQ rights, Indigenous rights, racial equality, equal pay, the environment and more.

Posters spotted at this year's rally continued to build on these themes and covered a range of topics including the #MeToo movement, Doug Ford's government, climate change, Missing and Murdered Indigenous Women and gender identity.

Marianne met a woman from North Toronto branch (photographed on the right). They had four people out at the march.

**Let's do this next year, knit hats and all!
And it would be fun to link up with other groups!**



PAST EVENTS

Out & About at the Toronto Reference Library

January 18

Many of us enjoyed a private tour of *Alice Opens the Door*, an exhibit about Alice's Adventures in Wonderland including items from Toronto's Osborne Collection of Early Childhood books. It was a delightful exhibit including Lewis Carroll's hand-written manuscript with his illustrations to world-wide Alice related films, books art and games. – *Jo-Lynne*



Dinner Speaker David Newland

On Monday, January 14, 2019, the UWC members and guests were treated to a fascinating journey of Canada's Northwest Passage via pictures, videos and stories from David Newland, a musician and Arctic expedition cruise host. According to David, "Northern-ness is a real thing but it calls us to engage with it. Canadians need to learn about the Arctic and Inuit Culture before they identify as northern people."

For information about an Arctic excursion, visit adventurecanada.com
- *Ruth*



Out & About at the McMichael Gallery

Sixteen of our members gathered at the McMichael Gallery in Kleinburg on January 11 to visit the David Milne Exhibition. Even though it was a frosty day, everyone was in warm spirits as our docent, June, shared her vast knowledge of the artist's life and his painting technique. Luncheon after the tour, once it arrived, was delicious.

Many thanks to the drivers, Marianne, Susan LR, Kathy, Ruth and Mary. Due to the enthusiastic response perhaps we should consider future art outings. - *Rosemary*



International Dining at Ruby Watchco

On January 9, 19 of us met at Ruby Watchco to kick-start our 2019 International Dining adventures. Opened in 2010 by celebrity Chef Lynn Crawford, this restaurant brings back simple wholesome food.

The dinner was a fixed menu shared by all. First the salad with carrots and feta cheese with a dressing that was so so good. Then came the panko with garlic and parmesan cheese that melted in your mouth. Next came either trout or beef stroganoff. Most had the beef served over noodles with parsnips,

cauliflower and broccoli. Following that was a cheese plate with brie cheese served on top of a nutty cranberry granola with spring ridge berry jam. To end this meal we had the lightest not too sweet and the best tiramisu I have ever had. Our servers, Leslie and Anna Lisa were gracious, patient and always with a smile. Overall a lovely meal we would highly recommend to all. On our scale of 1-5, Ruby Watchco rated a 7.

- *Judith*

PAST EVENTS

(continued)



Morning Book Club at Nancy Lunney's

On December 13th, Nancy and Richard Lunney graciously received the Morning Book Club at their sumptuous penthouse condo on Heath Street for our Annual Christmas Luncheon. After a lively exchange of ideas and opinions regarding the much awarded novel *The English Patient* by Michael Ondaatje, a delicious four-course meal was served on exquisite china. The afternoon adjourned late in the afternoon with everyone exchanging good wishes for the coming year and giving heartfelt thanks to our superb host and hostess. - Rosemary

Festive Dinner Party

On December 11th, members of the University Women's Club and guests gathered for their Annual Festive Party in the beautiful lounge at the Faculty Club. Well-known actress, Lorna Wilson, delivered an eloquent rendition of O. Henry's classic *Gift of the Magi* to the sold-out crowd. Following a sumptuous dinner, pianist Becky Windhager entertained with a brilliant medley of familiar Christmas melodies. The evening ended on a high note as gifts were presented to representatives from Romero House to be delivered to their refugee residents.

- Rosemary



Memorial Luncheon

The Memorial Luncheon on December 6th had an excellent turnout to hear Peggy Nash speak about Ending Gender-Based Violence. Members from all six Central Toronto Clubs were inspired by her messages: The fight for women's rights is never over, it's a comma not a period; and the more women gain positions of power, the less they will be viewed as vulnerable targets. This shares the tenets of the CFUW that is dedicated to advancing the status of women and supporting the education of women and girls.

- Ruth

PAST EVENTS GALLERY



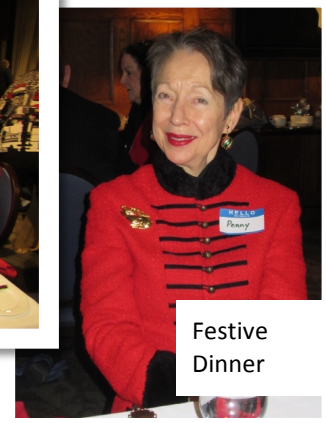
International Dining



David Newland



McMichael Gallery



Festive Dinner

SAVE THE DATE

International Women's Day

Friday, March 8 at 12:00 – 3:00 pm

Topic: The Healthy Brain: How Diet and Supplements Can Help Optimize Brain Power at Any Age

Dr. Burford-Mason is an immunologist, cell biologist and orthomolecular nutritionist (a specialized field of nutrition that uses diet as well as vitamins, minerals, amino acids and other substances naturally present in the body to treat and prevent disease). She is author of *Eat Well, Age Better* (2012) and *The Healthy Brain* (2017) and is one of Canada's leading advocates for the scientific basis for nutrition evidence based use of diet and dietary supplements in healthcare. Dr. Burford has been an assistant Professor in the Faculty of Medicine at the University of Toronto and the director of a cancer research laboratory at the Toronto General Hospital.



Cheques payable to CFUW Special Event
 For tickets please contact Paula Barber 416-550-5977.
 Dr. Burford-Mason's books will be available for sale.

SAVE THE DATE (continued)



International Dining – Sabai Sabai

Wednesday, March 13 at 6:00 pm

You will notice another name on the by-line this month. Mary Aziz, a regular attendee at our events, has volunteered to help organize our choices of restaurants and investigate suggestions. She was instrumental in the direction we took for March. We thought it was

high time we went to a Thai restaurant, given they are so plentiful in Toronto.

Luckily I have two pretty reliable resources in this area. As many of you will know from her presentation last year, Ellen Thompson spent a good portion of her young years living in Thailand. So I asked her for a recommendation. Her favourite place is Sabai Sabai on Bloor Street. I called them and they will be happy to have us come. Even though they do not formally serve family style, I think that people will be able to get together in groups and order different dishes to create a tasting menu.

My other Thai resource is Lanny Chan, my personal trainer. He is a Thai kick

boxer by trade and has been to Thailand many times. Lanny confirmed that Sabai Sabai is one of the best Thai restaurants in town and knows that the folks who run the restaurant are in the same family as the folks that run Pai – always at the top of the list of Thai restaurants in this City.

Their cuisine is Northern Thai and Lanny especially recommends their Khao Soi – a staple of northern Thai cuisine.

I hope you will be able to join us on March 13. If you would like to come, please call me on 416-992-4114 or email susan.f.leroy@gmail.com. They are located at 81 Bloor Street East. Website www.sabaisabaito.ca. Hope to see you there.

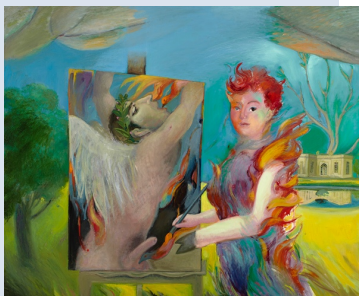
– Susan LeRoy and Mary Aziz

Out & About at the Heliconian Club

March 26, 2019

On Tuesday March 26, 2019, we are planning an outing to The Heliconian Club in the heart of Yorkville, 35 Hazelton Ave. We will be attending the Visual Art Salon: *Artist on Fire: An Intimate Look Into Joyce Wieland's Studio* with Artist Frances Patella. In the world of major artists and their assistants, much is left mysterious to the public. Frances Patella, photo-base mixed media artist and former assistant to Joyce Wieland, will relate short stories giving us an inside look into Wieland's studio practice. Patella will share with us how her work has been impacted as a result of her time with Wieland.

Doors open at 7:00 p.m. and the event begins at 7:30pm. Light refreshments are included. Cash bar is available. Please note: Seating is limited. To avoid disappointment, please contact Martha for additional information and tickets, and Marium to ensure your name is on the RSVP list. Looking forward to what promises to be a memorable Out & About Evening! - Martha



Tickets \$25.
Martha: 416-691-4901 or martha.dove@sympatico.ca.
Marium: 416-979-2000 or info@uwctoronto.ca

Stratford Festival – June 13

We will plan to attend the Stratford Festival on Thursday, June 13.

Othello is at 2:00 pm at the Festival Theatre and *Private Lives* is at 8:00 pm at the Avon Theatre.

As usual, the bus is \$29.00 return. You can opt for either the matinee of *Othello* alone or for both of the plays. The bus leaves Toronto at 10:00 a.m. and returns to Toronto at 5:00 p.m. and at 11:00 p.m.

I would like to order the tickets early to get the best price. I realize a lot can happen between now and then, but the people at the Festival are so understanding. We have become good friends. Please let me know by February 15 if you are interested.

- Susan

Stratford
FESTIVAL



UWC EVENTS February

- 4** **Board Meeting**
Monday, February 4 at 5:00 pm
- 7** **Morning Book Club**
Thursday, February 7 at 10:30 am
Book: Van Gogh's Ear by Bernadette Murphy
Conveyor: Jean Thompson
Phone: 416-421-2732
- 11** **Dinner Speaker: Jessica Johnson**
Monday, February 11 at 5:30 pm
Phone 416- 979-2000 or email
info@uwctoronto.ca
- 12** **Mary Jo Leddy's Book Launch**
(see page 5 for details)
- 20** **Spotlight on Us – Joan Connolly**
Wednesday, February 20 at 5:30 pm
- 27** **Evening Book Club**
Wednesday, February 27
Meet in the pub at 5:30 pm
Topic: Feb – an historical novel
March - a woman who has made a difference.
Convenor: Judith Lewis
Phone 416-653-4931
Email: judithlynnlewis@gmail.com



FACULTY CLUB EVENTS February

Winterlicious

Monday, January 28 –
Friday, February 8
Lunch & Dinner Specials

Valentine's Day Dinner

San Valentino Con Amore
Featuring a 3-Course Prix Fixe Italian-style menu
Thursday, February 14 at 5:30 pm

Italian Food Festival

Friday, February 15 to
Friday, February 22

Oysters in the Pub

Thursday, February 28
from 5:30 pm

PLEASE NOTE THE CLUB WILL BE
CLOSED FOR FAMILY DAY ON
MONDAY, FEBRUARY 18.

THANK YOU.

Weekly interest groups - February

Le petit cercle français

Every Wed. 10:00 am aux cafes divers
Convenor: Susan Freeman
Phone 416-979-2000
Email info@uwctoronto.ca

Social Bridge

Every Tuesday at 10:00 am
Convenor: Marg McGiverin
Phone 416-425-5717
Email marg.mcgiverin@sympatico.ca

Weekly Dining Events

Tuesday Afternoon Tea

Every Tuesday 2:30 – 4:30 pm

Wednesday Gourmet Burger Day

Every Wednesday, 'hand crafted' gourmet
burger
Lunch and Dinner

Thursday Surf & Turf

Every Thursday 5:00 – 7:00 pm

Friday Fish & Chips

Every Friday, delicious haddock, home made
fries and coleslaw. Lunch and Dinner